

Upper-Level Courses Toolkit

PSYC 3040: Social Psychology

Gordon State University

This set of asynchronous discussion post assignments are focused on topics within the field of social psychology. These topics include mental health literacy, social self, and groups/leadership. Through these assignments, students will gain the ability to think critically, ask questions, challenge assumptions, and they will be able to apply course content to their everyday lives. Students are required to write between 150 and 200 words per discussion post depending on the specific assignment.

PSYC 3040 Social Psychology - Asynchronous Discussions

Mental Health Literacy

STEP 1: Review of the research on mental health literacy from this article. Focus on those related to social cognition, person-situation interaction, social influence, self- versus other-concern, and cultural differences. [MHL Overview](#)

In a discussion post of at least 200 words, demonstrate your understanding of concepts learned in this module by responding to the following prompts:

- Reflect on and summarize your understanding of mental health literacy from the perspective of social psychology. Use key terms from the digital textbook to demonstrate your understanding.
- How can the World 101: Building Blocks module help us understand mental health from a more global perspective?

STEP 2: Comment on TWO other posts in at least 75 words. Extend the discussion by adding a substantial comment. Ask a question. Challenge their assumptions. Provide an alternative perspective. This is not a social media post; Saying that you agree or offering a comment will not count toward your discussion grade. Your comments must be substantive.

Social Self

STEP 1: In a discussion post of at least 200 words, demonstrate your understanding of concepts learned in this module by responding to ONE of the following prompts:

- Consider some of your beliefs about the people you know. Were these beliefs formed through assimilation, accommodation, or a combination of both? To what degree do you think that your expectations now influence how you respond to these people?
- Give an example of a time when you may have committed one of the cognitive heuristics and biases discussed in this chapter. What factors (e.g., availability; salience) caused the error, and what was the outcome of your use of the shortcut or heuristic? What do you see as the general advantages and disadvantages of using this bias in your everyday life? Describe one possible strategy you could use to reduce the potentially harmful effects of this bias in your life.
- Different cognitive heuristics and biases often operate together to influence our social cognition in particular situations. Describe a situation where you feel that two or more biases were affecting your judgment. How did they interact? What combined effects on your social cognition did they have? Which of the heuristics and biases outlined in this chapter do you think might be particularly likely to happen together in social situations and why?
- Describe a situation where you feel that you may have misattributed the source of an emotional state you experienced. Who or what did you misattribute the arousal to and why? In hindsight, who or what do you think was the actual source of your arousal? With this knowledge, outline how the emotion you experienced at the time may have been different if you had made a correct source attribution.
- Describe a situation where you experienced a feeling of self-discrepancy between your actual and ideal selves. How well does self-affirmation theory help to explain how you responded to these feelings of discrepancy?

Use specific terminology from the digital textbook.

Incorporate your reflection from the World 101: Regions of the World website. Consider how social cognition and our understanding of the self could be different in another area of the world.

STEP 2: Comment on TWO other posts in at least 75 words. Extend the discussion by adding a substantial comment. Ask a question. Challenge their assumptions. Provide an alternative perspective. This is not a social media post; Saying that you agree or offering a comment will not count toward your discussion grade. Your comments must be substantive.

Groups

STEP 1: In a discussion post of at least 200 words, demonstrate your understanding of concepts learned in this module by responding to ONE of the following prompts:

- Think about a group that you belong to now, which is very important to you. Identify one prescriptive and one proscriptive norm for this group. How do you think that these norms help the group to function effectively? What do you think would happen if a group member violated those norms?
- Describe a current social or political issue where you have seen groupthink in action. What features of groupthink outlined in this section were particularly evident? When in your own life have you been in a group situation where groupthink was evident? What decision was reached and what was the outcome for you?
- What advantages and challenges have you noticed when working in diverse groups? Based on the research outlined in this section, why do you think that some groups are better able to harness the benefits of diversity and to achieve higher performance?

Use specific terminology from the digital textbook.

Incorporate your reflection from the World 101: Global Governance website. Consider how social psychology research on groups and leadership can be used to understand global governance.

STEP 2: Comment on TWO other posts in at least 75 words. Extend the discussion by adding a substantial comment. Ask a question. Challenge their assumptions. Provide an alternative perspective. This is not a social media post; Saying that you agree or offering a comment will not count toward your discussion grade. Your comments must be substantive.